

TIME / DAY	MON	TUE	WED	THU	FRI	SAT
6:00 - 7:00am	Boxing Southside & Northside	Boxing Southside & Northside	Boxing Southside & Northside	Boxing Southside & Northside	Boxing Southside & Northside	
9:00am						Boxfit Southside
12:30 - 1:30pm	Boxfit Southside	Strength & Conditioning Southside	Boxfit Southside	Strength & Conditioning Southside	Boxfit Southside	
4:30 - 5:15pm		Kids Boxing Northside		Kids Boxing Northside		
5:00 - 6:00pm	Boxing Southside		Boxing Southside		Boxing Southside	
5:00 - 6:00pm	Boxing Northside		Boxing Northside		Boxing Northside	
6:00 - 7:00pm	Boxing Northside	Boxing Northside	Boxing Northside	Boxing Northside	Boxing Northside	